



Notice to all Downs Syndrome participants:

According to the Ontario Special Olympics, participation in gymnastics and similar activities by those individuals who have a positive gap greater than or equal to .5cm in the C1 and C2 vertebrae in the neck, could potentially result in "injury if they participate in activities that hyper-extend or radically flex the neck or upper spine." As a result of this recommendation, The Gymnastics Ontario requires all participants with Downs Syndrome, who are potentially predisposed to this condition, to be x-rayed, in order to determine whether or not this condition is present. Should the gap be greater than .5cm, for the safety of the individual, The Gymnastics Ontario prohibits participation by this individual in any gymnastic activity.

ATLANTO-AXIAL DISLOCATION EXAMINATION RESULT FORM

NOTE: ALL DOWNS SYNDROME APPLICANTS
MUST HAVE THE FOLLOWING SECTION COMPLETED BY THEIR DOCTOR

This is to certify that _____ who has Downs Syndrome, has had x-ray taken (full extension and flexion of the neck) to determine a pathological displacement of C1 and C2.

DATE OF X-RAY _____

RESULTS

Positive C1-C2 gap distance equal to or greater than .5

Negative C1-C2 gap distance less than .5

(Please circle) Positive/Negative & Indicate gap distance: _____ cm

Physician's Name _____ Phone _____

Signature _____ Date _____